

Summary of the National Football Curriculum

DEVELOPMENT GOALS	AGE GROUP	TIC
Learning to master the ball	U/6–U/7	Getting a 'TIC' for football
Learning to act with the ball purposefully	U/8–U/9	T IC
Learning to play together purposefully	U/10–U/11	T I c
Learning the positions and basic tasks in 11 v 11	U/12–U/13	T IC
Learning how the basic tasks link together	U/14–U/15	T IC
Learning how to play as a team	U/16–U/17	T IC
Performing / winning as a team	U/18–U/19	T IC

The following diagrams represent the total structure of the National Curriculum. The two year age group blocks detail the specific development objectives related to the mental and physical development phases.

Learning to master the ball	U/6–U/7 4 x 4	No formation / tactics consist of only very general instructions	Getting a 'TIC' for football
Learning to act with the ball purposefully	U/8–U/9 7 x 7	1–3–3 formation / basic tactical instructions / everyone plays <i>all</i> positions	T IC
Learning to play together purposefully	U/10–U/11 9 x 9	1–3–2–3 formation / limited tactical instructions / talent for specific positions more clear (but still flexible)	T I c
Learning the positions and basic tasks in 11 v 11	U/12–U/13 11 x 11	1–4–3–3 formation: Extending tactical instruction explaining the positions and basic tasks	T IC
Learning how the basic tasks link together	U/14–U/15 11 x 11	1–4–3–3 formation: Choice / specialising for a position + corresponding tactical instruction	T IC
Learning how to play as a team	U/16–U/17 11 x 11	1–4–3–3 formation: Extending development on one position related to the team's output	T IC Football Conditioning
Performing / winning as a team	U/18–U/19 11 x 11	1–4–3–3 formation: Perfection per position and as a team: result-oriented team-work	T IC Football Conditioning

Technique (technical ability, skills)

Insight (awareness, vision)

Communication

The size and colour of the 3 characters **TIC** indicate which of the 3 aspects; Technique, Insight and Communication is being emphasized (*not isolated!*) in training during that particular development phase.